



## Horseback Riding Puts Girls (and Women) in the Spotlight

Go to any barn and you will see that the female of our species dominates it. What is it about horses? In a world of bright plastic toys, blockbuster movies, the Internet, and shopping malls, what is it about this four-legged animal that seems to capture the hearts and imaginations of so many young girls and girls at heart?

Few sports allow girls the spotlight in the center of the arena the way riding does. In fact, riding is one of only two Olympic sports where men and women compete as equals. Horses encourage girls to be competitive ---while at the same time forging a strong partnership with the horse. The added bonus of caring for another living, breathing creature completes the equation. For girls, the additional duties around the barn are as much a part of the sport as the activities in the arena. The Olympics may be over – but the Olympic spirit lives on at Saddle Valley.

### Welcome to the Barn

*Horse*

*Owner*

**DANTE**

**Brie (and Mary)**

**ZIP**

**Nikki (and Marie)**

**& Congratulations Kari and Kelsey  
new owners of beautiful Dune**

### Lessons! Lessons! Lessons!

#### Jenn's Barn Rats...

*(Her girls, & girls at heart)*

**Alexia, Brooke, Carol, Chris, Courtney, Erika, Erin, Gabriella, Grace, Haydie, Jessica, Julie, Kaitlin, Kristen, Laura, Lisa, Mary, Marisa, Meagan, Michelle, Nikita, Natasha, Paige, Sabrina, Samantha, Sarah, Tamara, Tia, Tracy,  
And a few brave Boys: Adam, Jake, and Tajae**

#### And Charlie's Angels...

*(Talk about women riding)*

**Charlene, Cindy, Denise, Diane, Harriet, Jane, Jennifer Joyce, Julianne, Katie, Kelsey, Kim, Lisa Lorissa, Lynn, Meagan, Nicole, Nikki, Sandy, Sharon, Stacy, Tonya, Wendy,  
And a few good men: Tom, Posha, Chris & Matt**

**"Saddle Valley Barn Rat" tees are in stock ....  
(Charlie's Angels "tees under consideration.)**

## Saddle Valley Barn Show & BBQ Scheduled for October 2<sup>nd</sup> – 9 AM

All boarders and riding students are invited to participate. There will be classes for English riders, Western riders, and some just for fun.

**So mark your calendars  
and stay tuned for the details.**

### Ask Mr. Ed (True or False?)

Horses see things 10 X larger than they are and they have limited depth perception.

Horses can see color.

Horses have two blind spots. One is directly behind them and the other is directly in front of them.

Horses expend more energy lying down than they do when they are standing up.

Horses can communicate how they are feeling by their facial expressions.

When spoken to, horses distinguish tones rather than particular words.

**Mr. ED says these are all true!**

### Our Saddle Valley Horses...

#### Beginning with the End in Mind.

Our first goal in the selection of a new horse for our lesson program is safety. We look for calm, sane, well-trained horses. But we don't stop there. We understand that many of our riders want to go beyond just taking lessons. They dream of the chance to own a horse. So we look for great horses that we would want for our own. We understand that owning a horse is a big commitment – financially and emotionally. We have created a leasing program to enable our riders to experience "ownership" without taking such a big plunge. This includes half leases and lease/purchase options. We are proud of our lesson horses and are happy to see that our riders must agree – since they are taking advantage of these opportunities.

### Notice to Boarders Re Horse Blankets

We have collected some Winter Horse Blankets that have been left around the barn that need to be cleaned. Please see Alex to claim yours. Unclaimed blankets will be cleaned and used for our school horses.